

## *M. R. Hyker's Latest Adventure*



**01-26-2008 - [Wildcat Mountain Natural Area](#): The Wildcat Mountain Natural Area is maintained by the Nature Conservancy. Paul Elliot, author of "60 Hikes Within 60 Miles - Washington D.C.", describes a 2.9 mile loop at this infrequently visited hiking venue. Recently fellow hiker Kris Koyote (A.K.A. the Koyote Kid) discovered a labyrinth of intersecting woods roads - some with signs and some without - throughout the venue and put us onto it. I was joined on this one by Tony (Mr. Hiking Upward) and his wonderful wife, Linda (one of the Pointer Sisters). The weather conditions were just right for a fast paced, exhilarating hike ... a little bit of difficulty at the beginning as we climbed English Mountain .... warm enough for a hike but too cool to stop for prolonged breaks ... except to study the map and our GPS units. There wasn't any great vistas or waterworks .... just a sense of serenity as we were the only hikers on the mountain save one and his dog (BTW, dogs are not allowed at this venue.) From our conversation with him we got the feeling that this is one of the least traveled trail systems in the Old Dominion. All in all, a very enjoyable hike.**