

Directions and Trail Notes for PWFH-High Meadows-Oak Ridge Loop

Description: This is a relatively easy hike considering the 9 miles traversed through its course. The hills are gentle and short and the tread, for the most part, smooth. Besides the usual features found in this venue (pretty streams and creeks and lots of beaver activity) this hike also includes a pleasant walk around a lake and the passage through the headwaters of the south branch of Quantico Creek where the terrain is quite boggy. In places, boardwalks help the hiker through the boggiest of areas. This wet, grassy area suggests that at one time beavers may have occupied this little valley creating vast ponds which, when abandoned, created silty areas that encourages the growth of thick grass.

Directions from I-95 just south of Dumfries, VA:

1. Take exit 150B (Quantico Triangle and Prince William NP signs).
2. At the end of the ramp, bear right onto VA Rt619.
3. Turn right into Park. This is a fee area (\$6.00/car). If the gate house is closed pay at Park Headquarters further down the road.
4. Turn left onto the Scenic Drive.
5. Bear left at the split in the drive following the signs for Turkey Run Environmental Education Center.
6. Turn right at sign for Turkey Run Education Center (T.R.E.C.). Pass a group campsite on the left.
7. Turn left into the parking lot. There are bathrooms behind the building.

Trail Notes: From the parking lot turn left onto Black Top Rd. Pass some out buildings on the right and then red blazed Mary Bird Branch Trail, also on the right. In 0.2 miles from the parking lot turn left onto orange blazed High Meadows Trail.

In another 0.34 miles arrive at blue blazed Taylor Farm Road. High Meadows Trail should continue exactly on the other side of the road. (If there is no trail there you probably got on "old" High Meadow Trail which brings you out just below this intersection. (It's easy to do in the winter. Simply turn right and walk a short distance to the obvious trail junction.)

Continue on High Meadows Trail, passing a cemetery on the left, and in 0.86 miles cross Scenic Drive.

In another 0.82 miles descend to white blazed South Valley Trail.

Turn right onto South Valley Tr. In 0.57 miles arrive at an old bridge that crosses the creek to a trail that leads to a Cabin Camping Area. Do not cross but continue straight on the South Valley Tr.

As you pass the dam for the lake the blazes take on a pink shade. This is from painting over some old red blazes with white paint. Continue around the lake and cross Mawavi Rd at 0.73 miles from the old bridge.

In about 0.75 miles the creek will fork and the trail will follow the right fork as it passes through an open, boggy area. In about 2.19 miles from the Mawavi Rd Crossing arrive at the junction of yellow blazed Oak Ridge Tr.

Turn right onto Oak Ridge Trail. In about 0.57 miles, cross Scenic Drive. Gradually descend into a small hollow and the site of much beaver activity. (As of this writing the pond was lapping at the edge of the trail.)

In 1.13 miles from crossing the Scenic Dr. arrive at the Old Black Top Rd. Turn right onto the road.

In another 0.87 cross through the junction with Taylor Farm Rd (right) and the Burma Rd (left), staying on Black Top Rd.

In another 0.43 miles arrive back at the T.R.E.C. and your cars.