

## Trail Notes for The Knob Mountain/Jeremy's Run Loop

**Description:** This is the 12.3 mile sister hike of the [Neighbor Mountain/Jeremy's Run Loop](#). Except for the distance ( Big sister is 14.2 miles in length and has more elevation gain and views) they are mirror images. The initial climb up Knob Mt is a bit challenging but beyond that the ridge walk is on soft tread with only slight gains in elevation. The descent to the run is made through a series of well-placed switchbacks. At times you can catch views of Massanutten Mt w/New Market Gap and Strickler Knob clearly visible and then the Three Sisters of Neighbor Mt. Once at the bottom, the hike back to the cars is identical to the other loop. Obviously, since you're walking the west ridge of the valley add 2 more stream crossings to the 14 encountered on the other hike. Caution: These crossings can be challenging during periods of high water.

### Directions from U.S. 211 at Sperryville:

1. From Sperryville travel west climbing the Blue Ridge.
2. At the crest of the hill, enter the Shenandoah Park (\$15.00 per vehicle) and proceed north on Skyline Drive past mile post 25.
3. In 0.5 to 0.7 miles turn left into Elkwallow Picnic Grounds. Park at the sign for Jeremy's Run trailhead.

**Trail Notes:** From the parking area follow the spur trail to the junction of the white blazed AT. Turn left. In 0.19 miles the AT will turn left and the blue blazed Jeremy's Run Tr will go straight. Follow Jeremy's Run Trail.

In 0.72 miles arrive at the blue blazed Knob Mt Connector Tr on the right. Take the connector Trail and cross Jeremy's Run. Climb about 0.46 miles to the top of the ridge. The trail is well switchbacked but portions can be steep.

At the top join yellow blazed Knob Mt Tr. Turn left and enjoy a pretty easy ridge walk. At 2.2 miles from the last trail junction reach the summit of knob Mt with a partial view of Neighbor Mt. From here begin a descent to Jeremy's Run. Watch for views of Massanutten Mt and Three Sisters.

Once at the bottom cross Jeremy's Run and turn left onto the trail of the same name. In a few yards pass Neighbor Mt Tr on the right.

There are 14 crossings along the way. Some are easy and only a few occasionally difficult. The severity depends on the time of the year and the amount of recent precipitation.

There are no more trail junctions until after you climb out of the valley. Soon after that you will pass the intersection of blue-blazed Knob Mt. Trail on your left. Continue straight. Shortly after that come to the junction with

**the AT. This time turn left (straight) and then right onto the spur trail to get back to the Elkwallow Picnic area.**